

SAHARA COLD MEZZES £5.50 EACH OR 3 FOR £13

Hummus (v)

Chickpea Puree with Tahine Paste & Lemon Juice served with bread

Hummus Beirut (v)

Chickpea Puree with Hot Pepper, Tahini Paste & Lemon Juice served with bread

Moutabal Baba Ghanouj (v)

Grilled auberaine mixed with tahini and lemon juice served bread

Tabouleh Salad · (v)

Parsley salad with tomatoes and cracked wheat.

Stuffed Vine Leaves. (v)

Stuffed with rice, parsley, onions, tomatoes and spices

Tzaki (v)

Strained yogurt mixed with cucumber, mint served bread

Lentils Soup (v)

Freshly prepared hot Lentils soup.

Chicken Soup ·

Freshly prepared hot chicken soup.

SAHARA HOT MEZZES £7.50 EACH OR 3 FOR £19

Falafel. (V)

Ground beans, chickpeas, parsley and onions served with tahini sauce

Batata Hurra (V)

Cubes of potatoes mixed with garlic, coriander, peppers and chilli.

Foul Moudamas (v)

Boiled broad beans seasoned mashed with tahini, lemon juice & olive oil served with bread

Haloumi Meshwi. (V)

Grilled haloumi cheese served with tomato and lettuce

Marinated with lemon, garlic and fine herbs

Chicken Liver

Fried with cummin, black pepper and onion, served with mediterranean salad.

Kebbah

Stuffed wheat filled parcels with minced lamb pine nuts and onions.

Soujok

chef speciality Grilled spicy beef sausage

Hummus Shawarma Chicken.

Thin slices of marinated chicken served on a bed of hummus, served bread

Hummus lamb fillet.

slices of marinated lamb fillet pine nuts served on a bed of hummus, served with bread (n)

Spring Rolls • (3 option)

choice, your fillings

Cheese / Lamb / vegetables

Fried pastries with filling served with sweet chilli.

Spicy Prawns

Baby prawns cooked with fresh garlic and chilli.

Fried Prawns

Deep fried prawns served with sweet chilli sauce.

Fried Calamari

Deep fried squid served with sweet chilli sauce

Arayes

choice, your fillings

LAMB / HALOUMI cheese (v) /. ZAATAR (v)

Mediterranean bread with delicious fillings

SAHARA SALAD

Fattoush Salad	26.50
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Mix salad with mint. raddish, sumac and toasted bread Fattoush Salad + Hallumi £9.50 Fattoush Salad + chicken tawak £9.50

£7.50 Greek Feta Salad (v)

Light and fresh with tomatoes, cucumber, mint. olives chef dressing

Falafel, feta salad (v)

Light and fresh Lettuce ,tomato, cucumber with mint, parsley , radish and topped with falafel and feta cheese

Avocado Salad (V)

Light and fresh Lettuce, tomato, cucumber with mint, radish and

Chicken Caesr Salad

£8.50

Light and fresh Lettuce ,tomato, cucumber with mint, radish and topped with grilled chicken

SAHARA GRILL

SERVED WITH SALAD AND SAUCES, CHIPS OR LEBANESE RICE

Chicken Shish Taouk	£13
Charcoal grilled 2 skewers of marinated chicken	
cubes.	
Chicken Steak	£13
Charcoal grilled chicken steak perfectly seasoned,	
Baby Chicken	£17
Charcoal grilled off the bone, chicken marinated in	lemon and garlic.
Chicken Kofta	£13
Charcoal grilled 2 skewers of seasoned chicken min parsley.	ace with onions and
Chicken Shawarma Plate	£12
roasted Thin slices of marinated chicken	
Special Chicken Wings	£12
Marinated with lemon. garlic and fine herbs, charg	rilled to perfection.
Lamb Cutlet	£18
Chef's specially prepared lamb cutlets	
Sirloin Steak	£19
grilled sirloin steak served with peppercorn sauce	
Lamb Shish	£14
Charcoal grilled 2 skewers of tender cubes of especi	ally prepared lamb.
Lamb Kofta	£13

MIX LAMB

£7.50

SAHARA MIX GRILL SERVED WITH SALAD AND SAUCES. CHIPS OR LEBANESE RICE

Charcoal grilled 2 skewers of seasoned lamb mince with onion and

MIX CHICKEN	£13
Charcoal grilled skewers of chicken shish. Chicken kofta.	
MIX GRILL 1 PERSON	£18
Charcoal grilled skewers of chicken, lamb shish and kofta.	
MIX GRILL 2 PERSONS	£35
Charcoal grilled skewers of chicken .lamb shish and kofta ar	nd 2 side
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Charcoal grilled skewers of lamb shish, lamb kofta,

MIX GRILL 4 PERSONS Charcoal grilled skewers of chicken, lamb shish and kofta and 4 sides

SAHARA GRILL SEAFOOD

SERVED WITH SALAD AND SAUCES, CHIPS OR LEBANESE RICE

Grill SEABASS (MASGOUF)

£19

Charcoal grilled seabass Marinated in our chef's special blend of

Grill Seabream (MASGOUF)

£18

Charcoal grilled seabream Marinated in our chef's special blend of

SALMON STEAK

£18

Charcoal grilled, salmon steak Marinated in our chef's special blend of spices

KING PRAWNS

Charcoal grilled king prawns Marinated in our chef's special blend of spices

Mix Prawns & Calamari (main)

£16

Deep fried prawns &calamari served with sweet chilli sauce.

FISH & CHIPS

£11.95

Served with fries and salad

SAHARA MEDITERRANEAN **PLATES**

Moussaka

Vegetarian £11. Beef £13

Layers of aubergins, peppers, onions, chickpess and tomato sauce topped with cheese and bechamel sauce, baked in oven served with salad

Chicken Kabsah

Rice cooked on charcoal and vegetables top with chicken served with TZAKI

Lamb Uzzie

Rice cooked on charcoal and vegetables top with slowly cooked lamb shank served with tzaki

Okra Stew Pot (v)

£10

£10

(Vegetarian) Fresh okra with garlic & spices slowly cooked in tomato sauce Served with rice or couscous

Peas Stew Pot (v)

(Vegetarian) Fresh peas & potatoes with garlic & spices slowly cooked in tomato sauce Served with rice or couscous

Pasta (Penne) or (spaghetti)

Chef special tomato sauce with fresh peppers and spices with a choice of

Lamb Meatballs £11 Prawns £13

Chicken shawarma £10. Vegetables. £9.50

Lamb kofta £11

MENU INFORMATION

£14

Please inform one of our team of your specific allergy or dietary requirements when ordering, even if you have eaten the dish previously. Our dish descriptions don't always mention every single ingredient, so just ask if you are unsure. Our suppliers and kitchens handle numerous ingredients and allergens. Whilst we have strict controls in place to reduce contamination, it is not possible for us to guarantee that our dishes will be 100% allergen or contamination-free. Please note that allergens contained within our condiments and extra toppings are not included in this information. Our fried items are cooked in the fryer with other gluten containing ingredients and GM soya oil is used. Please be aware we do not work in a nut free environment. Whilst most of our dishes do not contain whole nuts, there could be traces of nuts and other allergens in some of our dishes. Please be aware our chilli sauce contains celery. Please advise the waiter if you have any special allergies.

• Vegetarian or can be made vegetarian



CURRY DISHES

Chicken curry

£12.95

Made in coconut milk with mix vegetables and creamy yellow sauce. Served with rice.

Lamb curry

£13.95

Made in coconut milk with mix vegetables and creamy read sauce. Served with rice.

TAGINE

A succulent, stew-like dish which is slow cooked in a traditional tagine pot served with Lebenase rice or couscous

Lamb Tagine

Whole lamb shank marinated with special herbs slowly cooked in tomato sauce £17

Lamb bamia Tagine

Fresh okra & whole lamb shank marinated in garlic & spices slowly cooked in tomato sauce

Lamb Peas Tagine

£17

Fresh peas & potatoes, whole lamb shank marinated in garlic & spices slowly cooked in tomato sauce

Lamb Kaftta Tagine

Spiced minced lamb meatball, slowly cooked in special tomato

SAHARA WRAPS

Chicken Shawarma

26

Thin slices of marinated chicken. Green Salad, Tomato, Pickled Cucumber and Garlic Sauce.

Chicken Shish Tabuk.

Grill chicken cubs, green Salad, Tomato, Pickled Cucumber and Garlic Sauce.

Chicken kofta

Grill ground chicken on skewers, green Salad, Tomato, Pickled Cucumber and Garlic Sauce.

Grilled ground lamb on skewers Tomato, Pickled Cucumber, Onion. Parsley & Tahini

Lamb Shish.

Grilled lamb cubs on skewers Tomato, Pickled Cucumber, Onion, Parsley, and Tahini.

Halloumi. (v)

Grilled halloumi cheese ,Green Salad, Tomato, Pickled Cucumber, and tahini sauce.

Halloumi and Falafel (v)

£7

83

£7

Green Salad, Tomato, Pickled Cucumber, and tahini sauce.

£6

Deep fried Chickpeas and fine herbs Served, Green Salad, Tomato, Pickled Cucumber, and tahini sauce.

Add (chips £3-hummus £3 -haloumi £3)

SIDES

Lebanese Rice	£3
Kabsah rice	£3
Mediterranean Bread.	£2
Garlic bread	£4
Couscous	£3
Chips	£3
Cheese chips	£4
Special fries	£5
Mix Pickles	£4
Olives	£5

Garlic Sauce Dip I Chilli Sauce Dip pomegranate sauce /sweet chilli .

£0.40

CHEF'S SPECIAL

MANDHI

A traditional dish originated from Hadhramaut, Yemen, consisting of succulent lamb with a special blend of spices, roasted vegetables and Lebanese rice, freshly prepared and slow cooked to perfection by our Head Chef.

Full Lamb £375 Half Lamb £225

Available by special request. 24 hours notice must be given

SET MENU

2 course meal (1 Starter, 1 Main) £25 3 course meal (1 Starter, 1 Main, 1 Dessert) £30

STARTERS

Grilled halloumi cheese

Chicken soup **Hummus lamb**

Chicken spring rolls

Vine leaves (v) Hummus (v)

Lentil soup (v) Lamb spring rolls **Spicy Prawns** Calamari

Falafel (v) Chicken liver

MAIN COURSE

Served with salad, sauces, chips or Lebanese rice

Kofta Chicken Chicken shish **Grilled Seabream Lamb Shank Tagine** Lamb Kebab **Kofta Lamb** Salmon Steak Bamia Tagine(v) Mixed Grill **Beef Moussaka**

Veg Moussaka (v) Peas Tagine (v)

DESSERTS

(your choice of our dessert menu)

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